



Available at The Food Shack Thursday thru Saturday
11AM 'til Sold Out

RESTUARANT MENU

BBQ PLATES

Includes: 1/2 lb meat, red cabbage slaw, pickles, sauce, cast iron corn bread & house honey butter

choose meat:

Grass Fed Beef Brisket	25
chopped or sliced	
1/3 rack St. Louis Pork Ribs	20
Kalua Pulled Pork	14
Citrus Mesquite Chicken Qtr	12

BBQ SANDWICHES

Includes: 1/3 lb meat, 'slaw, house pickles, potato roll, and BBQ sauce

choose meat:

Grass Fed Beef Brisket	16
chopped	
Kalua Pulled Pork	11

CHOOSE A BBQ SAUCE:

ORIGINAL • DIJON • CAROLINA • ALABAMA WHITE

ADD A SIDE

Burnt end baked beans	5	Tallow fries	6
Cast iron corn bread	3.75	Street corn salad	5.5
w. honey butter			

AWARD WINNING MAC!

Voted #1 in the Newport Winter Fest
2025 "Mac & Cheese Smackdown"

Just Mac & Cheese	4.25
Burnt End Bean Mac	5.25
BBQ Brisket Mac	9.25

BBQ NACHOS * Dine in only

Tallow fried tortilla chips, smoked meat, dijon bbq, queso, pickled onion, burnt end baked beans, pico, scallion, & lime wedges.

Grass Fed Beef Brisket	\$25
Pulled Pork	\$16

FAMILY PACKS

Dessert available a la carte

LARGE (12-15 servings) **\$250**
~10 lbs Meat: Brisket, Pulled Pork, Citrus Mesquite Chicken quarters & 1 Rack of Ribs
Sides: Cast iron cornbread, red cabbage slaw, coleslaw, mac & cheese, burnt end baked beans, house pickles, pickled red onion, cinnamon honey butter & potato rolls

SMALL (6-8 servings) **\$150**
~5.5 lbs Meat: Brisket, Pulled Pork, Citrus Mesquite Chicken quarters & 1/2 Rack of Ribs
Sides: Cast iron cornbread, red cabbage slaw, coleslaw, mac & cheese, burnt end baked beans, house pickles, pickled red onion, cinnamon honey butter & potato rolls

ABOUT THE MEATS

We take it seriously when it comes to where our food comes from!

The meats are sourced from organic regenerative, certified humane farms & co-packers whenever possible. We are committed to grass fed & finished beef; and cage free, antibiotic free, non-gmo, organic poultry & pork. Learn more about our farm partners on our website!

Please notify us of any food allergies at the time of placing your order.

ORDER ONLINE!



(401) 619-5393 • RisingTideBarbecue.com • @RisingTideBBQ
Find us at 1130 Aquidneck Ave. Thursday - Saturday

A LA CARTE



SMOKED MEATS

Most Popular!

GRASS FED BEEF BRISKET \$28/LB
SLICED OR CHOPPED

KALUA PULLED PORK \$13/LB

CHICKEN \$6/EA
CAGE FREE CITRUS MESQUITE
CHICKEN QUARTER

ST. LOUIS PORK RIBS \$18 1/2 RACK
\$36 RACK

We recommend about 1/3 lb per person for sandwiches, or 1/2 lb per person for a meal. All meats are gluten-free.

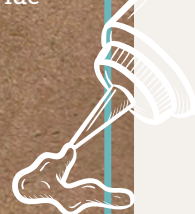
Includes Sauce!
Choose one of our signature sauces

SAUCES

All sauces are original Rising Tide recipes made in house!

ORIGINAL
DIJON
CAROLINA
ALABAMA WHITE

\$2 (4oz) • \$3.50 (8oz) • \$6 (16oz)



DESSERTS

KEY LIME PIE SLICE \$7

FRESH BAKED COOKIES \$3/EA

"CUP OF DIRT" \$4/HALF PINT
CHOCOLATE PUDDING W. CRUSHED OREOS & GUMMY WORMS

OH HEY! WE WANT TO LET YOU KNOW THAT...

...we're cookin' clean!

In our kitchens, we're grillin' with avocado oil, blandin' with olive oil, and bakin' with coconut oil, and fryin' with beef tallow!

For more info check out our website and social media!



SIDES & ADD ON'S

	1/2 PINT	PINT	QUART
HOUSE PICKLES	\$ 3	\$ 5	\$ 8
PICKLED RED ONION	\$ 4	\$ 6	\$ 10
COLESLAW	\$ 3.5	\$ 5	\$ 8.5
RED CABBAGE SLAW	\$ 4	\$ 7	\$ 12
STREET CORN SALAD	\$ 5.5	\$ 9	\$ 17
BURNT END BAKED BEANS	\$ 5	\$ 9.5	\$ 18
MAC & CHEESE	\$ 4.25	\$ 8	\$ 14
BURNT END BEAN MAC	\$ 5.25	\$ 10	
BBQ BRISKET MAC	\$ 9.25	\$ 18	
CINNAMON HONEY BUTTER	\$ 8.25	\$ 16	
CAST IRON CORNBREAD	\$ 3.75 slice		

Maximum order size \$250. For orders larger than \$250 please contact our catering office for pre-order. Thank you!
QUALITY GUARANTEE- All meats are smoked overnight and prepared daily. When its gone, its gone for the day and fresh again tomorrow! We may sell out, but we hope you can understand and appreciate our commitment to exceptional quality!