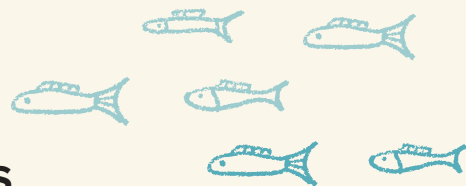


THE FOOD SHACK

TACOS & STREET EATS



TACOS

Two Tacos: \$12.5
Three Tacos: \$17.5

All tacos are served on corn tortillas with tortilla chips & lime.
Flour tortillas available upon request

GRILLED FISH

Grilled cod w/ avocado aioli, sesame slaw, pickled red onion, & tropical salsa. (GF)

GRILLED SHRIMP

Grilled shrimp w/ sesame slaw, pickled red onion, tropical salsa, & avocado aioli.

BAJA FISH

Battered and fried cod w/ white sauce & sesame slaw

BBQ CHICKEN

BBQ chicken, coleslaw, white sauce, cotija cheese, & pico de gallo

CARNE ASADA

Grilled steak w/ coleslaw, white sauce, pico de gallo & cotija

GINGER BEEF 🌶️

Ginger beef w/ caramelized onion, tropical salsa, & chili mayo

KALUA PULLED PORK

Smoked Kalua pulled pork w/ coleslaw, house BBQ sauce, chipotle white sauce, & grilled pineapple

BRAISED SHORT RIB 🌶️

Grilled short rib w/ coleslaw, chili mayo, tropical salsa, & scallions

SIDES & APPS

TORTILLA CHIPS

W/ SALSA 7.5
W/ GUACAMOLE 7.5
W/ QUESO 7.5

CHIPS TRIO! GUAC, QUESO, & SALSA 17

BOWLS

CLASSIC BOWLS

Includes 1/2 lb protein, rice, fried plantains, sauce, house black beans, pickled red onions & scallion

SM. REGULAR

GRILLED CHICKEN	8	15
KALUA PULLED PORK	8	15
GRILLED TOFU	8	15
GRILLED STEAK	9	18
GRILLED SHRIMP	9	18
COMBO BOWL choose any 2 proteins + \$1.50 steak/shrimp		17
DOUBLE PROTEIN		+ 6.50

Choose your rice White Rice or Brown Rice

Choose your sauce Teriyaki, Barbecue, or Sweet Chili

SIGNATURE BOWLS

VEGGIE BOMB 🌶️ 16
Brown rice, black beans, broccoli, sweet potato, brussels sprouts, crispy wontons, feta, & house spicy BBQ mayo.

BAJA FISH & CHIPS 17
Golden Brown Baja Fish on a generous bed of crispy french fries, topped with coleslaw, miso mayo, and house pickles

ADD-ONS

Smoked Bacon	4
Grilled Pineapple	1
Pico de Gallo	3
Guacamole or Queso	6
Chili Crunch 🌶️🌶️	2

SEASONED VEGGIES	5
RICE & BEANS	3
FRIED PLANTAINS (4 PIECE)	3
MAC SALAD	3.50
STREET CORN	6

*Please notify us of any food allergies & allow extra cook time as we clean our surfaces to prepare your order, thank you!
*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness



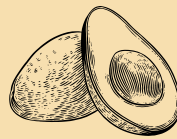
BURRITOS & 'DILLAS

- VEGGIE BOMB BURRITO** 🌶️ 15
Brown Rice, Black Beans, Broccoli, Sweet Potato, Brussels Sprouts, Crispy Wontons, Feta, & house spicy bbq mayo.
- CARNE ASADA BURRITO** 13
Carne Asada, white rice, black beans, shredded cheese, pico de gallo, & avocado aioli
- KALUA PORK BURRITO** 12
Kalua pulled pork, shredded cheese, pico de gallo, chipotle white sauce, black beans, & white rice
- AVOCADO SHRIMP BURRITO** 14
grilled marinated shrimp w/ avocado, rice & beans, pico, cheddar cheese, and our signature chipotle white sauce
- QUESADILLA** 11
w/ hoisin lime sauce, sour cream, & tropical salsa
Add Black Bean + 2
Add Chicken or Pork +2.50
Add Steak or Shrimp + 4

SALADS

- THE KICKIN' SESAME CHICKEN** 13
Grilled sweet chili chicken, cucumber, tomato, crispy wontons, chia & flax seeds, sesame slaw, shredded carrots, & sesame dressing
- RHODY SALAD** 14
Grilled Chicken, cucumber, pico de gallo, grilled pineapple, & ginger dressing
- THE ISLANDER** 14
Pulled Pork, cucumber, crispy wonton, grilled pineapple, pico de gallo, & ginger dressing.

OH HEY! WE WANT TO LET YOU KNOW THAT...



...we're cookin' clean!

In our kitchens, we're grillin' with avocado oil, blendin' with olive oil, and bakin' with coconut oil. For more info check out our website and social media!

ACAI & PITAYA

Frozen bowls are made with a refreshing frozen fruit sorbet over a layer of our house made granola!
Our Acai & Pitaya are organic, vegan, gluten free, dairy free, non-GMO, & fair trade

\$12

SUNSHINE BOWL

Granola, pineapple, strawberries, & honey

TROPICAL BOWL

Granola, banana, pineapple, coconut chips, honey, and chia & flax seeds

BYO BOWL

CHOOSE YOUR BASE! \$10+

Açai
Pitaya

PREMIUM TOPPINGS \$0.50

blueberries, strawberries, banana, pineapple, almonds, walnuts, Nutella, peanut butter extra granola

BASIC TOPPINGS \$0.25

chocolate flakes, coconut flakes, honey, chia & flax seeds

BEACH BOWL

Granola, pineapple, blueberries, coconut chips, & Nutella

BERRY BOWL

Granola, strawberries, blueberries, coconut chips, & honey.

DRAGON FUEL

Granola, strawberries, blueberries, coconut chips, & Nutella

NUTELLA BOWL

Granola, banana, coconut chips, honey, & Nutella

PROTEIN BOWL

Granola, coconut flakes, almond slivers, crushed walnuts, chocolate chips, peanut butter, & honey

SWEET TREATS

- "CUP OF DIRT" \$3.5
- MINI KEY LIME PIE \$7
- FRESHLY BAKED COOKIE \$3

KIDS MEALS



- KIDS RICE BOWL** 8
White rice, black beans, sauce, & choice of chicken, pulled pork, or grilled shrimp (+\$1)

- TENDERS & FRIES** 8
Fried chicken tenders w/ french fries

- MINI QUESADILLA** 7
Add grilled chicken, black beans or pulled pork +2



BBQ AVAILABLE THURSDAY - SATURDAY STARTING AT 11:00AM

@RisingTideBBQ • RisingTideBarbecue.com

